

## **GOING GRIT**

### **The Obstacle of Guilt**

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#### **☛ *Guilt: the emotional/mental/positional consequence of wrongdoing...***

*If a person sins and does what is forbidden in any of the LORD's commands, even though he does not know it, he is guilty and will be held responsible. (Lev. 5:17)*

*...for all have sinned and fall short of the glory of God. (Rom. 3:23)*

#### ***The damaging effects of guilt/shame include...***

- ***Hiding*** – “But the LORD God called to the man, ‘Where are you?’ He answered, ‘I heard you in the garden, and I was afraid because I was naked; so I hid.’” (Gen. 3:9-10)
- ***Blame-shifting*** – “The man said, ‘The woman you put here with me – she gave me some fruit from the tree, and I ate it.’” (Gen. 3:12)
- ***Despair*** – “My guilt has overwhelmed me like a burden too heavy to bear.” (Psalm 38:4)

#### ***Atonement: the grace of God through the death of Christ to remove the guilt of man...***

*But now He has reconciled you by Christ's physical body through death to present you holy in His sight, without blemish and free from accusation. (Col. 1:22)*

#### ***Going Grit: spiritual stamina to embrace God's grace...***

*Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ, through whom we have gained access by faith into this grace in which we now stand. (Rom. 5:1-2)*

#### ***Grace should set us free from trying to...***

- ***Cover our trails*** – “Therefore, brothers, since we have confidence to enter the Most Holy Place by the blood of Jesus...let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience...” (Heb. 10:19, 22)
- ***Pay God back*** – “I would like to learn just one thing from you: Did you receive the Spirit by observing the law, or by believing what you heard? Are you so foolish? After beginning with the Spirit, are you now trying to attain your goal by human effort?” (Gal. 3:2-3)
- ***Prove our worth*** – “But by the grace of God I am what I am...” (1 Cor. 15:10)

*So if the Son sets you free, you will be free indeed. (John 8:36)*